

Understanding your carpal tunnel symptoms, causes, and the **best treatment options for you.**

As you prepare for your doctor visit, here is a list of questions you can ask to be more informed about your diagnosis and treatment options.

- 01 What is Carpal Tunnel Syndrome, and what can cause it?

- 02 How do I confirm if I have Carpal Tunnel Syndrome?

- 03 What are the risks if I leave my Carpal Tunnel Syndrome untreated?

- 04 What are the next steps in my treatment?

- 05 What is the difference between Endoscopic Carpal Tunnel Release (ECTR) and Open Carpal Tunnel Release (OCTR)?

- 06 What can I expect for my recovery? Is there a difference between the two types of surgeries?

- 07 Can you tell me more about the SmartRelease® endoscopic procedure?

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